



2020 National Gathering

DAILY SCHEDULE

(this is current draft; to be further refined)

THEME: **BOLD - Building Our Legacy Daily**

GOALS: Build skills, foster relationships, strengthen local groups, encourage healing, provide resources for community action

Optional Off-site activities (before & after Gathering – Registration info will be available soon)

- Wednesday night (6/10): overnight at Belle Grove Plantation
- Thursday morning (6/11): Corhaven graveyard tour
- Thursday afternoon (6/11): Harrisonburg African American Historical Sites tour
- OR--
- Thursday (6/11) all-day option: Monticello tours 10-5pm (in Charlottesville, VA)
 - Private Hemings Family Tour
 - 2 tours-10:00 and 10:05 for groups of 15 (30 available tickets)
- Monday (6/15): 11:00am National Museum of African American History and Culture (in Washington DC (30 available tickets))

Monday 6/8 – Wednesday 6/10

[CTTT Leadership Training Workshop](#): limited to 25 participants

Wednesday 6/10

4:00-5:30pm CTTT National Gathering Early Registration at Dormitory

Thursday 6/11 - Welcome Home Everybody Day

3:30-5:30pm Registration for National Gathering & Dormitory

5:45-6:45pm Dinner and Welcome at EMU cafeteria Highlight contents of registration packets

7:00-9:00pm Opening Session: Main Stage Theater, EMU

- Participant introductions
- Keynote presentation: [Dr. Joy DeGruy](#), author, *Post Traumatic Slave Syndrome*

Friday 6/12 - Circle Day

6:45-7:15am	Guided Meditation at EMU cafeteria
7:15-8:00am	Breakfast at EMU cafeteria
8:15-10:00am	Opening General Assembly at Main Stage Theatre
10:00-10:30am	Break
10:30-11:45am	Small group sharing/exercise in Circle (8-12 people per group)
12:00-1:00pm	Lunch at EMU cafeteria
1:15-2:45pm	General Assembly at Main Stage Theater -- "Building CTTT Local Groups" (Led by Local Group Facilitators)
2:45-3:00pm	Break
3:00-4:00pm	Mindfulness Moment (led by Mindfulness Working Group) Presentation: "Does Storytelling Matter Today?" by Rev. Rob Lee
4:00-4:45pm	Closing Circle
4:45-5:45pm	Time for self-care and connecting with others; optional affinity group gatherings
5:45-6:45pm	Dinner at EMU cafeteria
7:00-9:00pm	Film Screening: Always in Season , with post-screening discussion, and Q&A with Director/Producer Jackie Olive

Saturday 6/13 - Conference Day

(NOTE: "drop-in" day for one-day registrants)

6:45-7:15am	Guided Meditation at EMU cafeteria
7:15-8:00am	Breakfast at EMU cafeteria
8:15-8:30am	General Assembly at Main Stage Theater Mindfulness Moment (Mindfulness Working Group)
8:30-10:00am	Breakout Sessions (5-7 options for each session; everyone can attend 3 total)

- Call for proposals to be sent out by early March. Registrants will vote on Breakout Proposals to determine final topics/presentations. In 2018, topics included Reparations, Linked Descendants, Genealogy, Racial Healing, Singing Bowl Meditation, Restorative Justice, Storytelling as tool for Healing, White Ally Toolkit, Writing Your Book, History through the lens of Ancient African American Proverb, and more

10:00-10:30am	Break
10:30-12:00pm	Breakout Sessions (5-7 options) – see above
12:00-12:45pm	Lunch at EMU cafeteria
1:00-2:30pm	Reconvene at Main Stage Theater: <ul style="list-style-type: none"> • Mindfulness Moment • Building Local Groups continued (Facilitators: Local Group Leaders)
2:30-3:00pm	TBD
3:00-3:15pm	Break
3:15-4:45pm	Breakout Sessions (5-7 options) – see above
4:45-5:45pm	Mindfulness Moment Open Space Meeting: Q&A with Local Group Leaders
5:45-6:45pm	Dinner at EMU cafeteria
7:00-9:00pm	“Talent Jam” this popular feature returns! Registrants volunteer to share readings from their books, song, movement; a fun and engaging evening, full of surprises.

Sunday 6/14 - Going Forward Boldly Day

6:45-7:15am	Guided Meditation at cafeteria
7:15-8:00am	Breakfast at EMU cafeteria
8:15-11:45am	Final gathering/closing/ritual at Main Stage Theater
12:00-1:00pm	Lunch at EMU cafeteria
1:00pm	Departure: Going Forward BOLD-ly