

COMINGRETABLE



Coming to the Table was founded by descendants of enslavers and the enslaved committed to constructively address the legacy of slavery in the spirit of Rev. Dr. Martin Luther King, Jr's Dream that one day... "the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood."

Vision

Our vision for the United States is of a just and truthful society that acknowledges and seeks to heal from the racial wounds of the past—from slavery and the many forms of racism it spawned.

Mission

Coming to the Table provides leadership, resources, and a supportive environment for all who wish to acknowledge and heal wounds from racism that is rooted in the United States' history of slavery.

Approach

The CTTT approach to achieving our vision and mission involves four interrelated practices:

- 1. **Uncovering History**: researching, acknowledging, and sharing personal, family and community histories of race with openness and honesty
- 2. **Making Connections**: connecting to others within and across racial lines in order to develop and deepen relationships
- 3. **Working Toward Healing**: exploring how we can heal together through dialogue, reunion, ritual, ceremony, the arts, apology and other methods
- 4. **Taking Action**: actively seeking to heal the wounds of racial inequality and injustice and to support racial reconciliation between individuals, within families, and in communities

Values

The Values upon which Coming to the Table operates are Inclusion, Respect and Tolerance, Honesty, Truthfulness and Transparency, Compassion, Mercy, and Forgiveness, Love, Peace and Nonviolence, and Reconciliation.

For more information visit: www.comingtothetable.org